

THE INVISIBLE ENEMY--STRESS

SEVEN WAYS TO DEFEAT THE ENEMY

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“Be self-controlled and alert. Your enemy the devil prowls around like a roaring lion looking for someone to devour. Resist him, standing firm in the faith, because you know that your brothers throughout the world are undergoing the same kind of sufferings.” 1 Peter 5:8-9

1. **I MUST** _____

“When Jesus spoke again to the people, He said, ‘I am the light of the world. Whoever follows Me will never walk in darkness for they have the light of life.’” John 8:12

1. Jesus said at least _____
who He is.

“I testify on My own behalf, and the Father who sent Me also testifies on My behalf.”
John 8:18 (New Living Translation)

2. Jesus knew that _____ knew who
He is.

2. **I MUST** _____

“I can do nothing on my own. I judge as God tells me. Therefore, my judgment is just, because I carry out the will of the one who sent me, not my own will.”
John 5:30 (New Living Translation)

When you don't know who you want to please,
you will cave in to...

1. What others think of you?

2. Who's ahead of you?

3. Who disagrees with you?

"Steep your life in God-reality, God-initiative, God-provisions. Don't worry about missing out. You'll find all your everyday human concerns will be met."

Matthew 6:33 (The Message)

3. **I MUST** _____

-- _____.

"Jesus answered, 'Even if I testify on My own behalf, My testimony is valid. I know where I came from and I know where I'm going.'" John 8:14.

1. ESTABLISH YOUR

_____.

2. EXAMINE YOUR

_____.

3. EVALUATE YOUR

_____.

4. **I MUST** _____

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“At daybreak, Jesus went to a lonely place, but the people looked for him. When they found him, they tried to keep him from leaving. But Jesus said to them, “I must preach about God’s kingdom to other towns, too. This is why I was sent.”

Then he kept on preaching in the synagogues of Judea.”

Luke 4:42-44 (New Century Version)

5. **I MUST** _____

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“Afterward, Jesus went up on a mountain and called out the ones he wanted to go with him. And they came to him. Then he appointed twelve of them and called them his apostles.”

Mark 3:13-14 (New Living Testament)

Two reasons we want to do it ourselves

1. _____

If I want a job done well, I’ll do it myself!

2. _____

If I don’t do it, someone may do it better than I.

6. **I MUST** _____

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"Very early in the morning while it was still dark, Jesus got up, left the house and went out to a solitary place where He prayed." Mark 1:35

1. Pick a _____ to pray on a daily basis.

2. Keep a _____.

3. Read the _____ in your prayer time.

7. **I MUST** _____

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"The apostles gathered around Jesus and reported to Him all they had done and taught. Then because so many people were coming and going and they didn't even have a chance to eat, Jesus said to them, 'Come with Me by yourselves to a quiet place and get some rest.'" Mark 6:30-31